

# User Guide

Employees and Families

- ✔ Virtual Primary Care
- ✔ Prescriptions
- ✔ Account Set Up



## CIRRUS MD

Virtual Primary Care



Available to Threshold Brands Franchisees, Employees, and Families.





# CIRRUS MD

Virtual Primary Care

## Urgent Care

Coughs  
Colds  
Allergies



## Children's Health

Fevers  
Rashes  
Injuries



## Mental Health

Anxiety  
Depression  
Insomnia



## Women's Health

Birth Control  
Urinary Tract Infections  
Irregular Bleeding



## Chronic Conditions

Diabetes  
High Cholesterol  
High Blood Pressure



Rx

## Prescriptions

Order  
Refill



## Get Started



**STEP 1.** Get CirrusMD at the Apple App Store, Google Play, or [mycirrusmd.com](http://mycirrusmd.com)

**STEP 2.** Enter name, date of birth, and zip code to activate your account.

**STEP 3.** Start by sending a text "I have a sore throat."



# User Guide

---

**You should always call 911 for medical emergencies. A medical emergency is an event that you reasonably believe threatens you or someone else's life or limb in such a manner that immediate medical care is needed to prevent death or serious impairment of health.**

CIRRUS MD



Enroll in CirrusMD	Your employer must enroll you in CirrusMD. Once enrolled, you can download the CirrusMD app.
Download CirrusMD	Download the CirrusMD app to a smartphone or tablet using the links shown above or access online at <a href="http://mycirrusmd.com">mycirrusmd.com</a>
Your Account	Once you have downloaded CirrusMD, you'll be prompted to enter your name, DOB, and zip code to locate your account.
Adding Dependents	A spouse and children can be added at no cost by your employer or by sending an email to <a href="mailto:support@cirrusmd.com">support@cirrusmd.com</a>
Children <b>under 18</b> years old	Dependents under 18 years old are linked to the enrolled employee's account.
Children <b>over 18</b> years old	Dependents over 18 years old will have their own CirrusMD account.
Spouse	A spouse will have their own CirrusMD account.
Prescriptions	Prescriptions are sent to the pharmacy of your choice. Add a pharmacy to your CirrusMD profile.
Is there any cost for CirrusMD?	No. Once you are enrolled by your employer, there is no cost to use CirrusMD.
Prescription Costs	The cost of prescriptions are not covered by CirrusMD or your employer.
CirrusMD Support	Email questions to: <a href="mailto:support@cirrusmd.com">support@cirrusmd.com</a>
CirrusMD Website	<a href="http://www.cirrusmd.com">www.cirrusmd.com</a>