



IMPROVING HEALTH OUTCOMES THAT MATTER MOST

GET VITALITY THROUGH ALLSTATE BENEFITS HEALTH

Vitality's elevated experience provides members the freedom to choose their health journey. Built on a proven, engaging platform, the program elevates the health of your people and your organization.

The Vitality program through Allstate Benefits is available to employees and spouses and includes:



VITALITY HEALTH REVIEW™

The program starts with a short, confidential assessment on current health status and habits.



VITALITY CHECK®

A confidential biometric screening through Quest Diagnostics that helps guide employees to action.



VITALITY POINTS® AND STATUS

Employees choose healthy activities to earn Vitality Points for a higher Vitality Status® and rewards. Every Vitality Point equates to one Vitality Buck®.



REWARDS

You have the option to offer employees:

- A \$25 Amazon gift card* for completing their Vitality Check, motivating them to improve their health.
- Access to the Rewards Mall where they can redeem their bucks for a variety of fitness devices and gift cards.*

66%

of members complete points earning activities each month

For More Information: Contact Memberly

The Allstate Benefits Self-Funded Program provides tools for employers owning small to mid-sized businesses to establish a self-funded health benefit plan for their employees. The benefit plan is established by the employer and is not an insurance product. For employers in the Allstate Benefits Self-Funded Program, stop-loss insurance is underwritten by: Integon National Insurance Company in CT, NY and VT; Integon Indemnity Corporation in FL; and National Health Insurance Company in all other states where offered.

*Employer is responsible for reporting rewards for tax purposes

